La Tasca AW 2018 Allergens														
Bread & Olives	**Cereals containing Gluten**	**Fish**	**Crustaceans**	**Molluscs**	**Milk**	**Eggs**	**Soybeans**	**Tree Nuts**	**Peanuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur dioxide/sulphites**	**Lupin**
BEETROOT HUMMUS	yes - Wheat, Rye & Barley											YES	YES	
BEETROOT HUMMUS GF						YES						YES	YES	
BREAD BOARD LARGE	yes - Wheat, Rye & Barley				MAY	MAY	MAY	MAY				MAY	YES	
BREAD BOARD SMALL	yes - Wheat, Rye & Barley				MAY	MAY	MAY	MAY				MAY	YES	
GORDAL OLIVES														
KIKOS Y HABAS														
MANZANILLA OLIVES														
PAN AJILLO CON QUESO	yes - Wheat				YES		MAY					MAY		
PAN AJILLO CON QUESO GF					YES	YES								
PAN DEL AJO	yes - Wheat				MAY	YES	MAY				YES	MAY		
PAN DEL AJO GF						YES					YES			
PLAIN HUMMUS	yes - Wheat, Rye & Barley											YES		
PLAIN HUMMUS GF						YES						YES		
RED PEPPER HUMMUS DIP	yes - Wheat, Rye & Barley											YES		
RED PEPPER HUMMUS DIP GF						YES						YES		
SALT & PEPPER ALMONDS								YES - Almonds	MAY					
TRIO OF HUMMUS	yes - Wheat, Rye & Barley											YES	YES	
TRIO OF HUMMUS GF						YES							YES	
Tapas - Pescado	**Cereals containing Gluten**	**Fish**	**Crustaceans**	**Molluscs**	**Milk**	**Eggs**	**Soybeans**	**Tree Nuts**	**Peanuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur dioxide/sulphites**	**Lupin**
CALAMARES	yes - Wheat	MAY	MAY	YES	MAY	YES	MAY	MAY	MAY	MAY	YES	MAY	MAY	
CALAMARES LARGE	yes - Wheat	MAY	MAY	YES	MAY	YES	MAY	MAY	MAY	MAY	YES	MAY	MAY	
GALICIAN STYLE HAKE	MAY	YES	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	YES	
GAMBAS DEL DIABLO GF			YES			YES							YES	
GAMBAS DEL DIABLO	yes - Wheat		YES		MAY		MAY					MAY	YES	
GAMBAS PIL PIL	yes - Wheat		YES		MAY		MAY					MAY		
GAMBAS PIL PIL GF			YES			YES								
PESCADO REBOZADO	yes - Wheat & Barley	YES	MAY	MAY	MAY	YES	YES	MAY	MAY	MAY	YES	MAY	MAY	
Tapas - Carne	**Cereals containing Gluten**	**Fish**	**Crustaceans**	**Molluscs**	**Milk**	**Eggs**	**Soybeans**	**Tree Nuts**	**Peanuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur dioxide/sulphites**	**Lupin**
ALBONDIGAS	yes - Wheat				YES			MAY						
BEEF ESTOFADO	yes - Wheat, Rye & Barley	MAY	YES	MAY	MAY	MAY	MAY	MAY	MAY	YES	MAY	MAY	YES	
BEEF ESTOFADO GF			YES							YES			YES	
LAMB EMPANADA	yes - Wheat	MAY	MAY	MAY	YES	YES	MAY	MAY	MAY	MAY	YES	MAY	YES	
PEDRO XIMENEZ RIBS	yes - Wheat	MAY	MAY	MAY	YES	MAY	MAY	MAY	MAY	MAY	MAY	MAY	YES	
PORK CHEEKS TAPAS	MAY	MAY	MAY	MAY	YES	MAY	MAY	MAY	MAY	MAY	MAY	MAY	YES	
RED WINE CHORIZO GF						YES				YES			YES	
RED WINE CHORIZO	yes - Wheat				MAY		MAY			YES		MAY	YES	
SERRANO JAMON CROQUETAS	yes - Wheat	MAY	MAY	MAY	YES	MAY	MAY	MAY	MAY	MAY	MAY	MAY	YES	
Tapas - Pollo	**Cereals containing Gluten**	**Fish**	**Crustaceans**	**Molluscs**	**Milk**	**Eggs**	**Soybeans**	**Tree Nuts**	**Peanuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur dioxide/sulphites**	**Lupin**
BROCHETAS DE POLLO TAPAS														
CHICKEN CROQUETAS	yes - Wheat	MAY	MAY	MAY	YES	YES	MAY	MAY	MAY	MAY	YES	MAY	MAY	
POLLO CON CHORIZO		YES			YES					YES			YES	
POLLO CON SALSA					YES			MAY					YES	
STICKY CHICKEN WINGS	Yes - Fried in oil	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	

Tapas - Verdura	Cereals containing Gluten	Fish	Crustaceans	Molluscs	Milk	Eggs	Soybeans	Tree Nuts	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin
BROCOLI A LA BRASA														
CROQUETAS ESPINACAS	yes - Wheat	MAY	MAY	MAY	YES	MAY	MAY	MAY	MAY	MAY	MAY	MAY	YES	
ENSALADA DE INVIERNO								MAY					YES	
HONGOS	yes - Wheat				MAY		MAY			YES		MAY		
HONGOS GF						YES				YES				
LENTILS ESTOFADO	yes - Wheat	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	YES	
LENTILS ESTOFADO GF													YES	
PADRON PEPPERS														
PATATAS BRAVAS	MAY	MAY	MAY	MAY	MAY	YES	MAY	MAY	MAY	MAY	YES	MAY	MAY	
PATATAS BRAVAS GRANDE	MAY	MAY	MAY	MAY	MAY	YES	MAY	MAY	MAY	MAY	YES	MAY	MAY	
Bravas Toppings														
BRAVAS TOPPING CHEESE					YES									
BRAVAS TOPPING CHORIZO														
BRAVAS TOPPING EGGS						YES								
BRAVAS TOPPING LAMB													YES	
TORTILLA						YES								
Tapas - Charcuteria	**Cereals containing Gluten**	**Fish**	**Crustaceans**	**Molluscs**	**Milk**	**Eggs**	**Soybeans**	**Tree Nuts**	**Peanuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur dioxide/sulphites**	**Lupin**
EMBUTIDOS RESERVA							YES					MAY		
MANCHEGO Y MEMBRILLO					YES									
TABLA LA TASCA					YES		YES					MAY		
Tapas - Tablas	**Cereals containing Gluten**	**Fish**	**Crustaceans**	**Molluscs**	**Milk**	**Eggs**	**Soybeans**	**Tree Nuts**	**Peanuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur dioxide/sulphites**	**Lupin**
SHARING PLATTER MEAT	yes - Wheat			YES	YES	YES	MAY	MAY			YES	MAY	YES	
SHARING PLATTER VEG	yes - Wheat, Rye & Barley				YES	YES	MAY	MAY		YES	YES	MAY	YES	
Paella	**Cereals containing Gluten**	**Fish**	**Crustaceans**	**Molluscs**	**Milk**	**Eggs**	**Soybeans**	**Tree Nuts**	**Peanuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur dioxide/sulphites**	**Lupin**
PAELLA CARNE		YES								YES			YES	
PAELLA MARISCOS		YES	YES	YES						YES			YES	
PAELLA MIXTA		YES	YES	YES						YES			YES	
PAELLA VERDURAS										YES				
Sides	**Cereals containing Gluten**	**Fish**	**Crustaceans**	**Molluscs**	**Milk**	**Eggs**	**Soybeans**	**Tree Nuts**	**Peanuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur dioxide/sulphites**	**Lupin**
ALIOLI						YES					YES			
MINT ALIOLI						YES					YES			
PIQUILLO PEPPER PUREE													YES	
SIDE OF BREAD	yes - Wheat				MAY		MAY					MAY		
SIDE OF FRIES	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	
SIDE OF RICE														
SIDE OF SAUTEED POTS	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	
SIDE SALAD													YES	
Desserts	**Cereals containing Gluten**	**Fish**	**Crustaceans**	**Molluscs**	**Milk**	**Eggs**	**Soybeans**	**Tree Nuts**	**Peanuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur dioxide/sulphites**	**Lupin**
CHURROS	yes - Wheat	MAY	MAY	MAY	YES	MAY	YES	MAY	MAY	MAY	MAY	MAY	MAY	
CHURROS SUNDAE	yes - Wheat	MAY	MAY	MAY	YES	MAY	YES	MAY	MAY	MAY	MAY	MAY	MAY	
CHURROS Y AFFOGATO	yes - Wheat	MAY	MAY	MAY	YES	MAY	YES	MAY	MAY	MAY	MAY	MAY	MAY	
CREMA CATALANA					YES	YES	YES							
CREMA CATALANA ICE CREAM					YES	YES		MAY	MAY					
LEMON SORBET														
PEAR & ALMOND TART	yes - Wheat				YES	YES		YES - Almonds	MAY			MAY	MAY	
RASPBERRY SORBET								MAY	MAY					
VANILLA ICE CREAM					YES									
VEGAN CHOCOLATE ORANGE CAKE							YES	MAY	MAY					
WINTER BERRIES CHEESECAKE	yes - Wheat & Oats				YES	YES								